



# Parent Consultation

Relationship Health Education  
Policy and Resources

# Objectives



We want to:

- Explain the changes to requirements for RHE these came in from September 2020 (taught by Summer 2021)
- Share what our RHE curriculum will cover
- Share the resources that will support our curriculum
- Gain your views, opinions and suggestions
- Explain how we'll develop our updated curriculum

# What are the new RSE requirements?



We **must** provide the following to all pupils:

- Relationships education
- Health education

➤ We are not required to provide sex education during the primary phase

# RHE National Curriculum objectives

## By the end of Primary school pupils will know about:



- Families and people who care for me
- Caring Friendships
- Respectful relationships
- Online Relationships
- Being Safe
- Mental Wellbeing
- Internet Safety and Harm
- Physical Health and Fitness
- Healthy Eating
- Health and Prevention
- Basic First Aid



# Local Collaboration – Policy Development



What we have done so far:

- Worked with other schools in our cluster group
- Consulted with local cultural, religious groups and local education partners
- Consulted with the governors
- Consulted with our staff



## A CHARTER FOR INCLUSIVE RELATIONSHIPS, AND HEALTH EDUCATION (RHE)

St Chad's CofE Nursery and Infant School commits to providing an inclusive Relationships and Health Education (RHE), which will enable all pupils to flourish.

**As part of Derby City Central Cluster of schools we commit to:**



Working in partnership and building positive relationships with parents and carers

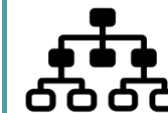
Annual consultation with parents and carers in the development and delivery of the RHE curriculum

Working in partnership and gaining the views of identified community organisations



Delivering a high quality, age appropriate RHE curriculum

Creating an RHE curriculum, which is adapted and relevant to our context, that focusses on giving the pupils the knowledge they need to make informed decisions about their wellbeing, health and relationships



Creating and sharing a RHE curriculum framework and provide clarity on how it is organised and delivered


Creating an RHE curriculum based on accurate information, including about the law and legal rights



# Development of the Policy



- This policy has been developed by working in partnership with schools in Derby City. A core focus of this partnership was seeking and gaining the views of local religious and community groups, ensuring representation of the protected characteristics of the Equality Act 2010.
- This policy was shared with parents last academic year and changes were made based on comments made.



St Chad's C of E Nursery and Infant School

---

**Relationships and Health Education (RHE) Policy**

School Leader: K Leach

Link Governor: W Ramzan

Policy Approved Signed: W Ramzan Date: 06.05.2020

Policy Reviewed Signed: Date:

Policy Reviewed Signed: Date:

Policy Reviewed Signed: Date:

Policy Reviewed Signed: Date:

---

St Chad's C of E Nursery and Infant School Tel: 01332 345997

# RHE Curriculum



- The statutory content for Relationships and Health Education will be taught within our PSHE curriculum.
- At St Chad's, we use PSHE Matters to support our teaching.
- The themes and topics we taught are arranged into each half term (*see below*).



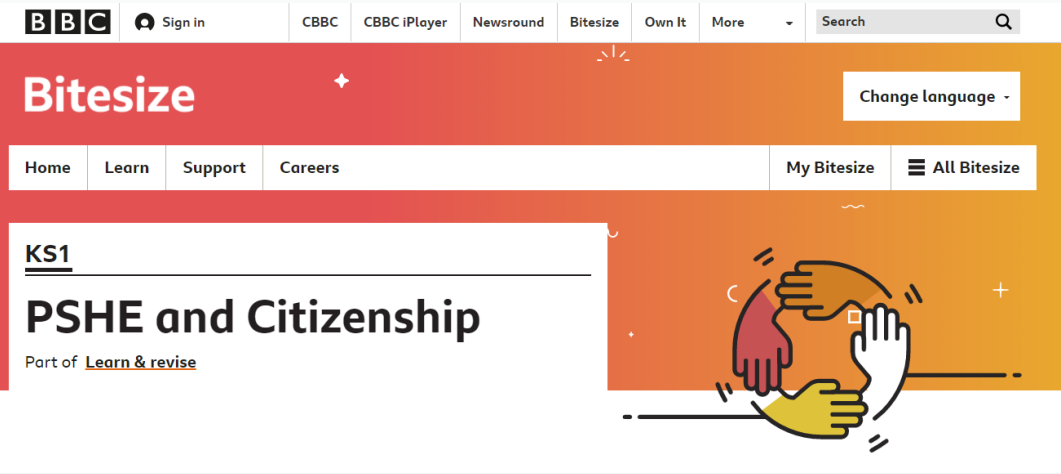
| Year 1         |               |                    |                          |                   |                  |
|----------------|---------------|--------------------|--------------------------|-------------------|------------------|
| Being Healthy  | Relationships | Exploring Emotions | Difference and Diversity | Being Responsible | Bullying Matters |
| Year 2         |               |                    |                          |                   |                  |
| Drug Education | Changes       | Being Me           | Money Matters            | Being Safe        | Growing Up       |

- *PSHE Matters are currently finalising a scheme of work for Early Years.*

# Content and Resources – Our curriculum will be supported by a range of books



# Content and Resources – Our curriculum will be supported by a range of websites



# Content and Resources



Appendix 4 – Derby Inner City Cluster Relationships and Health Education statutory content, suggested shared resources:

| Families  |  |
|---|--|
| Statutory Content   | Resources  |
| <ul style="list-style-type: none"> <li>That families are important for children growing up because they can give love, security and stability</li> <li>The characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives</li> <li>That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care</li> <li>That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up</li> <li>That marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong</li> <li>How to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed</li> </ul> | <p><b>EYFS (non statutory):</b></p> <p>My Mum/ My Dad – Anthony Browne<br/> Owl Babies – Martin Waddell<br/> Monkey Puzzle – Julia Donaldson<br/> Peace at Last – Jill Murphy<br/> Stick Man – Julia Donaldson<br/> <a href="#">One Family - George Shannon</a><br/> Hug – Jez Alborough<br/> Children to share photos of their family members</p> <p><b>Key Stage 1 (Year 1 and 2):</b></p> <p><a href="#">Family Book – Todd Parr</a><br/> <a href="#">Same, Same but different by Jenny Sue Kosteci-Shaw</a><br/> Guess How Much I Love You by Sam McBratney<br/> <a href="#">The great big book of families by Mark Hoffman and Ros Asquith</a><br/> <a href="#">The Smeds and the Smoos by Julia Donaldson</a><br/> <a href="#">Families, Families, Families - Suzanne Lang and Max Lang</a><br/> Mum and Dad Glue – Kes Gray<br/> Create a family portrait</p> |

- As part of the policy there is a list of resources the school to ensure we cover the statutory content
- This is broken up by each of the key areas and by phase of education
- We have also included Early Years so you can see resources that will be used

# Parent Consultation – March 2021



## Phase One:

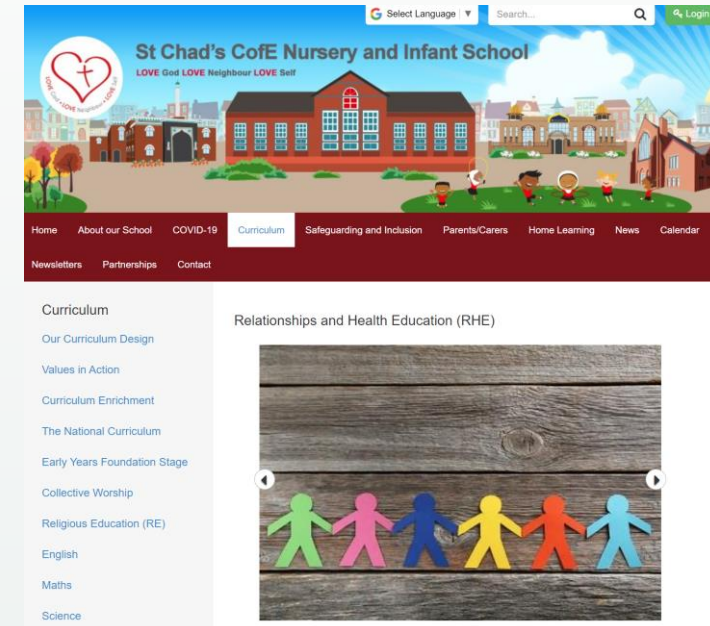
*Share policy and resources and gain parent's comments*

**Start date:** Monday, 15<sup>th</sup> March, 2021

**Closing date:** Friday, 26<sup>th</sup> March, 2021

A copy of our policy and resources will be available on our website from Monday, 15<sup>th</sup> March.

[http://www.stchads.derby.sch.uk/website/relationships\\_and\\_health\\_education\\_rhe/548692](http://www.stchads.derby.sch.uk/website/relationships_and_health_education_rhe/548692)



# Parent Consultation – March 2021



## Phase Two:

We will send a link via Class Dojo, for Microsoft Forms, to a questionnaire for parents to complete. This will go out on Monday 15th March 2021 via Class Dojo. We kindly ask to receive all responses by Friday 26th March 2021.

Should any parents require additional information please contact the school office to arrange an appointment with Ms. Leach.



# What happens then?



We're also getting feedback from:

- > Staff
- > Governors

Once we've considered all the feedback, we'll amend our RHE policy, which will set out our proposed curriculum and re-share it with you.

The updated policy and resources will be taken to the Governing Body for approval at our next scheduled meeting.

# We look forward to hearing your views...

