



Derby City Council

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Dear Parents and Carers,

Thank you for your ongoing support during the COVID-19 pandemic. Unfortunately, COVID-19 case rates are increasing rapidly in Derby. As with the rest of the country most of these cases are the Delta variant which spreads much more quickly than the Alpha variant. The increase in cases is already having a significant impact on some schools and workplaces. It is too early to judge the impact on our hospitals, and we continue to monitor this closely.

Thank you for all you have done to follow the national guidance and legislation which remains in place until at least the 19<sup>th</sup> July. These are actions we must all continue to take to protect ourselves and loved ones from the COVID-19 virus.

### **Prevent infection**

Please continue to keep your distance from those you do not live with, wash your hands regularly and continue to use face coverings where you are asked to, e.g. in shops, on the bus. The current guidelines allow up to 6 people or 2 households to meet indoors, please open the windows and let the fresh in if you do, and please consider continuing to meet outside if you can.

### **Limit transmission**

Children of Secondary School age and older should take 2 lateral flow tests per week, this is to find cases without symptoms.

If you or anyone in your household have symptoms you must book a PCR test without delay. You and all the people you live with need to stay at home and isolate immediately. If the test is negative, you may come out of isolation. If the test is positive you must isolate for 10 days from the start of symptoms or positive test whichever is the earlier date.

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**People Services, The Council House, Corporation Street, Derby, DE1 2FS**  
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We are aware that the virus is spreading rapidly within households, so as far as possible please limit contact between the positive case and other household members, clean surfaces and shared items regularly and open windows to let the fresh air in.

Close contacts can also book a PCR (lab) test to check if they have coronavirus, even if they don't have symptoms. However, if the test is negative you will still need to isolate for the full 10 days.

To book a test, please either go to <https://www.gov.uk/get-coronavirus-test> or contact 119.

Please let school know of any positive result so that contacts can be advised to isolate. If a school has an increasing number of cases they will write to you directly about further actions you can take.

### **Reduce the risk – get vaccinated**

COVID-19 Vaccination reduces the risk of spreading the virus to others and the chance of you becoming seriously ill if you do become infected. All adults aged 18 or over can now get vaccinated against COVID-19 and do not need to wait to be contacted by the NHS. Anyone who has been contacted but have not yet booked appointments, is still eligible and can book appointments anytime.

**You can book an appointment here:**

[Book or manage your COVID-19 vaccination appointments](#)

Thank you



Dr Robyn Dewis

Director of Public Health