SCHOOL BREAKFAST PROGRAMME



Dear Parent / Carer.

Young minds and bodies need solid nutrition to keep up with the day's demands. In the morning rush, breakfast is an important meal that is often missed. As a school, we are committed to ensuring that no child in our care is ever too hungry to learn. Therefore, with the support of a local sponsor, we are proud to offer a <u>free</u> breakfast option to every child as they arrive into school.

Previously we were offering breakfast bagels, however we have noticed many children are not eating them and we are seeing lots of food go to waste. Due to this, we would like to trial something brand new. Each class will have a cereal dispenser in their classroom, offering children the choice of two chosen cereals. Also available daily are bowls, spoons and fresh milk.

It is completely optional for your child to decide whether they would / would not like to eat the cereal. We advise that if your child does decide to eat the cereal option, where possible, it should be a supplement to, and not a replacement for, the breakfast that they have at home with you each morning.

Please note that:

- ✓ It is completely optional for your child to decide whether they would / would not like to eat the cereal.
- ✓ We advise that if your child does decide to eat the cereal, where possible, it should be a supplement to, and not a replacement for, the breakfast that they have at home with you each morning.

Important ingredients and allergen Information

Harvest Morn Crisp Rice:

- Ingredients: Rice, Sugar, Barley, Malt Extract, Salt, Iron,
- Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin,
- Folic Acid, Vitamin D, Vitamin B12.
- Allergen information: For allergens, see ingredients in bold.
- Dietary advice: Suitable for vegetarians. No artificial colours or flavourings.

Harvest Morn Corn Flakes:

- Ingredients: Maize, Sugar, Salt, Barley, Malt Extract, Iron,
- Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin,
- Folic Acid, Vitamin D, Vitamin B12.
- Allergen information: Suitable for vegetarians. No artificial colours or
- flavourings.



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E-mail: admin@stchads.derby.sch.uk Headteacher: Ms. K Leach







If your child has a known allergy to any of the above ingredients, please ensure that you inform Mrs Sohanpal. Please telephone the school office on 01332 345997.

School Cereal

Child's name:	Class:
My child has a known allergy to the chosen cereals:	Yes / No
I give permission for my child to have school cereal	Yes / No
Signature:	Parent / Carer

Kind regards,

Mrs. K. Morley

Acting Head of School

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