

*10 Tips to help you and your child make going to school easier:*

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| 1 | See the source image | Help get your child’s book bag ready the night before. |
| 2 | See the source image | Make sure your child’s uniform is ready the night before. |
| 3 | gallery-1472552342-toddlersleeping[1] | Get them to bed on time so they have a good night’s sleep. |
| 4 | See the source image | Set the alarm clock early enough to allow plenty of time to get ready. |
| 5 | See the source image | Make sure your child has a healthy breakfast. |
| 6 | See the source image | Check that your child has everything before you leave the house: *coat, book bag, PE kit…* |
| 7 | See the source image | Leave plenty of time to get to school: punctuality is important. |
| 8 | See the source image | If your child is finding their school work too hard speak to their teacher. |
| 9 | See the source image | Talk to your child about what they did in school today. |
| 10 | See the source image | If you or your child are worried or unhappy about something, contact the school. |

