

Parent/Carer Workshop on Transitions: Supporting Children and Young People Through Change.

For Parents/Carers of Children and Young People
aged between 4-17 years.

Tuesday 29th June 2021 – 18:00 – 19:00

Fully funded by NHS Derby and Derbyshire CCG and delivered by:
**Mental Health Support Team Trainers: Tanya Huff, Phoebe Turton, Molly
Lewin-Runacres & Hayley Spies.**



Workshop for parents/carers supporting children and young people (aged between 4 and 17 years) transitioning between year groups and schools.

This includes starting school, transitioning to secondary, and moving onto further post 16 education (college).

The workshop will focus on three areas:

1. Understanding emotions associated with change.
2. The positives of change.
3. Strategies to support transitions.

Intended Outcomes:

- To reflect on the thoughts, feelings and emotions associated with transitions and changes.
- Identify strategies to support children and young people during transitions and changes.

Course fee £0.00

This course is hosted online via **MS Teams**. To join the session, [Click here for the Parents/Carers Workshop on Transitions](#)

For more information contact: Tanya Huff Tanya.Huff@actionforchildren.org.uk