

Osmandos



Take a look at our Exciting New Spring Term Menu

		Week 1 7/01/19 28/01/19					
	Mondays	Tuesdays	Wednesdays	Thursdays	Funky Fish & Chip Fridays		
Option 1 Meat Choice	Meatballs in Tomato Sauce with Spaghetti Served with Peas and Garlic Bread	Theme Day Tuesday	Roast Turkey and Stuffing Served with Roast Potatoes, Carrots and Green Beans	Wrap Thursday Served with side salad, coleslaw and Potato Wedges	Chicken Nuggets Served with Chunky Chips Peas and Baked Beans		
Option 2 Vegetarian Choice	Broccoli and Cauliflower Pasta Bake Served with Peas and Garlic Bread	Theme Day Tuesday	Quorn Fillet Served with Roast Potatoes, Carrots and Green Beans	Wrap Thursday Served with side salad, coleslaw and Potato Wedges	Oven Baked Vegetable Nuggets Served with Chunky Chips Peas or Baked Beans		
Desserts of The Day Free Choice	Strawberry Ripple Roll		Cornflake Crunchy	Raspberry Sponge and Vanilla Sauce	Chocolate Malted Brownie		
Alternatives	Fruit Salad , Bread & Homemade Yoghurts , will also be available daily, plus Milk, Water or Squash						

Note: Special Diets can be catered for and full Allergen information is available on request. Please See our Catering Manager for more information



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Take a look at our Exciting New Winter Spring Term Men

		3				
	Marvelous Mondays	Trendy Tuesdays	Wednesdays	Thursdays	Funky Fish & Chip Friday	
Option 1 Meat	Chicken and Pasta Bake	Yorkshire Pudding Day	Roast Gammon	Homemade Pizza	Fishcake	
Choice	Served with	Served with	Served with	Served with	Served with	
	Mixed Vegetables and Garlic	Peas and Mashed Potato	Roast Potatoes ,Cabbage and	Corn on the Cob, whole meal	Chunky Chips,	
	Bread		Carrots	Spaghetti Hoops and Side	Garden Peas & Baked Beans	
			100	Salad		
Option 2 Vegetarian	Roasted Vegetable Pasta	Yorkshire Pudding Day	Roasted Quorn Fillet	Homemade Pizza	Vegetable Sausage	
Choice	Served with	Served with	Served with	Served with	Served with	
	Mixed Vegetables and Garlic	Peas and Mashed Potato	Roast Potatoes ,Cabbage and	Corn on the Cob, whole meal	Chunky Chips	
	Bread		Carrots	Spaghetti Hoops and Side Salad	Garden Peas & Baked Beans	
Desserts of		Pineapple Upside Down Cake	Butterscotch Mousse	Pear Bakewell and Vanilla	Apricot Flapjack	
The Day	Apple Crumble and Custard	& Custard		Sauce		
Free Choice						
Alternatives	Fruit Salad ,Bread and Homemade Yoghurts will also be available daily, plus Milk, Water or Squash					

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			Week 3 21/01/19 11/02/1	3 21/01/19 11/02/18	
	Mondays	Trendy Tuesdays	Wednesdays	Thursdays	Funky Fish & Chip Friday
Option 1 Meat	Cumberland Sausage	Pasta Tuesday	Roast Chicken Stuffing	Street Food Thursday	Cod In Batter
Choice	Served with	Served with	Served with		Served with
	Mashed Potato, Cauliflower,	Carrots, Sweetcorn and Garlic	Green Beans , Mixed Veg &		Chips
	Peas	Bread	Roast Potatoes		Garden peas or baked beans
Option 2 Vegetarian	Quorn Sausage	Pasta Tuesday	Quorn Fillet	Street Food Thursday	Cheese and Onion Quiche
Choice	Served with	Served with	Served with	Eth.	Served with
	Mashed Potato, Cauliflower,	Carrots, Sweetcorn and Garlic	Green Beans , Mixed Veg &	Marie Control	Chips
	Peas	Bread	Roast Potatoes		Garden peas or baked beans
Desserts of	Syrup Sponge and Custard	Fruity Chocolate Tray Bake	Chocolate and Banana Cake	Marbled Sponge & Chocolate	Apple and Cinnamon Layer and
The Day				Custard	Cream
Free Choice					
Alternatives					

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