

17<sup>th</sup> May, 2021  
Ref: 00092



## THE GREAT OUTDOORS – ADVENTURES WITH LOVE BEAR

Dear Parent / Carer,

As shared in my previous letter, this week, we are celebrating Mental Health Awareness Week in school. The theme for this year's event is 'nature'.

Following such a challenging year, supporting our children's emotional health and wellbeing continues to be of paramount importance to us in school. Over the past term, we have been using a wonderful children's book called 'The Colour Monster' to help explore different feelings and emotions. This week, we would love for the children to explore one of the feelings from the book in more detail – **calm**.



As we enter summer and the nation eases out of lockdown, we would like to encourage our children to reconnect with nature and the environment and the feeling of 'calm' that being outside brings us.

Therefore, I have set a series of daily challenges for the children to complete this week with the help of their Love Bear (*please see the next page for more details*). The children can complete the activities in any order. As is the case with all home learning, please can I encourage you to share some photographs of your child taking part in their challenges via Class Dojo – the photos and/or videos really do put a huge smile on our faces. 😊

This week, I too will be sharing some of my own 'great outdoor' adventures via the main page on Class Dojo. Please do 'check in' and share my posts with your child.

Thank you, as always, for your continued support.

Kind regards,



Ms. K Leach      Headteacher

**LOVE God   LOVE Neighbour   LOVE Self**

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## The Great Outdoors! Adventures with Love Bear



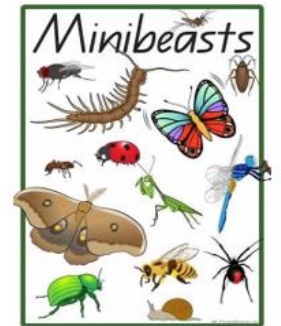
Can you find something that smells nice for Love Bear to sniff?



Can you find a dandelion for Love Bear to blow? Remember to make a wish!

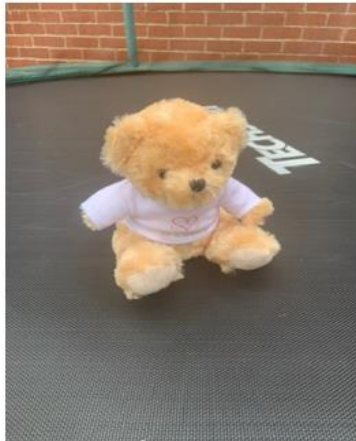


Can you find something alive to show Love Bear? Remember to be careful and not hurt the living thing.

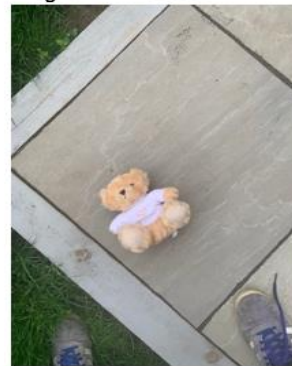


Can you take part in some exercise with Love Bear outside?

You could run, dance, go on your bike, play on your scooter...



Can you lie down with Love Bear and look at the clouds? What shapes can you see?



Can you show Love Bear your favourite thing to do outside?



How many activities can you complete outside with Love Bear? Ask a grown-up to take a photo and share it via Class Dojo. 😊