

Attendance Matters: Every day counts

10 Tips to help you and your child make going to school easier:

	1		Help get your child's book bag ready the <u>night before</u> .
	2		Make sure your child's uniform is ready the <u>night before</u> .
	3		Get them to bed on time so they have a good night's sleep.
	4		Set the alarm clock early enough to allow plenty of time to get ready.
	5		Make sure your child has a healthy breakfast.
	6		Check that your child has everything before you leave the house: <i>coat, book bag, PE kit...</i>
	7		Leave plenty of time to get to school: punctuality is important.
	8		If your child is finding their school work too hard speak to their teacher.
	9		Talk to your child about what they did in school today.
	10		If you or your child are worried or unhappy about something, contact the school.