



TEACH READING: CHANGE LIVES!

## Rapid Catch-up progression and overview

### Programme progression

The aim of the Rapid Catch-up programme is to rapidly teach children to read. Below is an overview of the GPCs and tricky words covered in each phase of the programme.

#### Phase 2

<b>Length of teaching:</b> four weeks		
<b>New GPCs covered</b>	Week 1	s a t p i n m d
	Week 2	g o c k c k e u r h
	Week 3	b l l f f f s s j v w y x z z z
	Week 4	qu ch sh th ng nk
<b>Tricky words taught</b>	and is I the as has his her put* pull* full* no go to into we me be he of she push* *depending on accent	

#### Phase 3

<b>Length of teaching:</b> four weeks		
<b>New GPCs covered</b>	Week 1	ai ee igh oa oo ar
	Week 2	oo or ur ow oi ear
	Week 3	air er double letters
	Week 4	longer words and suffixes -ing and -es
<b>Tricky words taught</b>	was you they my by all are pure sure	

#### Phase 4

<b>Length of teaching:</b> four weeks		
<b>Word types covered</b>	Week 1	Adjacent consonants with short vowels
	Week 2	Adjacent consonants with long vowels
	Week 3	Suffixes: -ed /t/, -ed /id/, -ed /d/, -ing, -er, -est
	Week 4	Two-syllable words with adjacent consonants Compound words and multi-syllable words with adjacent consonants
<b>Tricky words taught</b>	said so have like some come love do were here little says there when what one out today	

## Phase 5

**Length of teaching:** 14 weeks

<b>New GPCs covered</b>	Week 1	/ai/ ay play /ow/ ou cloud /oi/ oy toy	/ee/ ea each /ur/ ir bird /oo/ ue blue /yoo/ ue rescue
	Week 2	/yoo/ u unicorn /igh/ ie pie /igh/ i tiger	/oa/ o go /ai/ a paper /ee/ e he
	Week 3	/oa/ o-e home /ai/ a-e shake /ee/ e-e these	/igh/i-e time /oo/ /yoo/ u-e rude cute /oo/ /yoo/ ew chew new
	Week 4	/or/ aw claw /ee/ ie shield /ee/ y funny	/e/ ea head /w/ wh wheel /igh/ y fly
	Week 5	/oa/ oe toe /oa/ ou shoulder /oa/ ow snow	/j/ g giant /f/ ph phone /s/ c ice
	Week 6	/l/ le apple /l/ al metal /v/ ve give	/u/ o-e some /u/ o mother /u/ ou young
	Week 7	/z/ se cheese /s/ se mouse /s/ ce fence	/ee/ ey donkey /oo/ ui fruit /oo/ ou soup
	Week 8	/ur/ or word /oo/ u awful /oo/ oul could	/air/ are share /air/ ear bear /air/ ere there
	Week 9	/or/ au author /or/ aur dinosaur /or/ oor floor	/or/ al walk /or/ a water /ch/ tch match /ch/ ture adventure
	Week 10	/ar/ al half /ar/ a father* /o/ a want	/ur/ ear learn /r/ wr wrist /z/ ze freeze
	Week 11	/s/ st whistle /s/ sc science /c/ ch school /sh/ ch chef	schwa in longer words schwa at the end of words (-or, -our, -re, -a)
	Week 12	/ai/ eigh eight /ai/ aigh straight /ai/ ey grey /ai/ ea break	/n/ kn knee /n/ gn gnaw /m/ mb thumb
	Week 13	/ear/ ere here /ear/ eer deer /zh/ su treasure /zh/ si vision	/j/ dge bridge /j/ ge large /i/ y crystal
	Week 14	/sh/ ti potion /sh/ ssi mission /sh/ si mansion /sh/ ci delicious	/or/ augh daughter /or/ our your /or/ oar roar /or/ ore more
<b>Tricky words taught</b>	their people oh your Mr Mrs Ms ask could would should our house mouse water want again any many where who whole two school call different thought through friend work once laugh because eye busy beautiful pretty hour parents shoe move improve		

\*depending on accent

---

# Example Phase 4 words

## Adjacent consonant and short vowel sounds

### CVCC

must wind best hand  
lunch gift nest help

### CCVC

bring crack frog drink  
drum truck swim spend

### CCVCC

twist grand stamp crisp

### CCVC

split splash spring strong

### CCVCC

strand scrunch sprint strict

## Adjacent consonant and long vowel sounds

### CVCC

joint toast paint burnt  
boost

### CCVC

brown sport bright green  
broom crown train greed

### CCV

clear stair tree star three

### CCVCC

spoilt

### CCVC

sprain street screens

# Phase 5 linked graphemes in order

## Week 1

Phase 3 GPC	Phase 5 GPC
ai	ay play
ow	ou cloud
oi	oy toy
ee	ea each
ur er	ir bird
oo yoo	ue blue rescue

## Week 2

Phase 3 GPC	Phase 5 GPC	
oo yoo	ue blue rescue	u unicorn
igh	ie pie	i tiger
oa	o go	
ai	ay play	a paper
ee	ea each	e he

## Week 3

Phase 3 GPC	Phase 5 GPC			
oa	o go	o-e home		
ai	ay play	a paper	a-e shake	
ee	ea each	e he	e-e these	
igh	ie pie	i tiger	i-e time	
oo yoo	ue blue rescue	u unicorn	u-e rude cute	ew chew new

## Week 4

Phase 3 GPC	Phase 5 GPC				
or	aw claw				
ee	ea each	e he	e-e these	ie shield	y funny
e	ea head				
w	wh wheel				
igh	ie pie	i tiger	i-e time	y fly	

## Week 5

Phase 3 GPC	Phase 5 GPC				
oa	o go	o-e home	oe toe	ou shoulder	ow snow
j	g giant				
f	ph phone				
s	c ice				

### Week 6

Phase 3 GPC	Phase 5 GPC		
l	le apple	al metal	
v	ve give		
u	o-e some	o mother	ou young

### Week 7

Phase 3 GPC	Phase 5 GPC					
z	se cheese					
s	c ice	se mouse	ce fence			
ee	ea each	e he	e-e these	ie shield	y funny	ey donkey
oo yoo	ue blue rescue	u unicorn	u-e rude cute	ew chew new	ui fruit	ou soup

### Week 8

Phase 3 GPC	Phase 5 GPC		
ur er	ir bird	or word	
oo	u awful	oul could	
air	are share	ear bear	ere there

### Week 9

Phase 3 GPC	Phase 5 GPC					
or	aw claw	au author	aur dinosaur	oor floor	al walk	a water
ch	tch match	ture adventure				

### Week 10

Phase 3 GPC	Phase 5 GPC	
ar	al half	a father
o	a want	
ur	ear learn	
r	wr wrist	
z	se cheese	ze freeze

### Week 11

Phase 3 GPC	Phase 5 GPC				
s	c ice	se mouse	ce fence	st whistle	sc science
c	ch school				
sh	ch chef				

## Week 12

Phase 3 GPC	Phase 5 GPC						
ai	ay play	a paper	a-e shake	eigh eight	aigh straight	ey grey	ea break
n	kn knee	gn gnaw					
m	mb thumb						

## Week 13

Phase 3 GPC	Phase 5 GPC						
ear	ere here	eer deer					
zh	su treasure	si vision					
j	g giant	dge bridge	ge large				
i	y crystal						

## Week 14

Phase 3 GPC	Phase 5 GPC						
sh	ch chef	ti potion	ssi mission	si mansion	ci delicious		
or	aw claw	au author	aur dinosaur	al walk	oor floor	a water	augh daughter our your oar board ore more

# Graphemes with more than one sound

List of graphemes that have more than one phoneme for: **Reading words with GPCs that have more than one sound, e.g. 'ow' /ow/ /oa/** (page 47). Images to represent the example Phase 5 sounds are available on the website.

Grapheme	Phase 2 and 3 mnemonic/catchphrase	Phase 5 example words/images			
<b>a</b>	astronaut	/ai/ paper	/or/ water	/o/ wash	/ar/ father
<b>e</b>	elephant	/ee/ fever			
<b>i</b>	iguana	/igh/ spider			
<b>o</b>	octopus	/oa/ post	/u/ son		
<b>u</b>	umbrella	/yoo/ unicorn	/oo/ pudding		
<b>ow</b>	owl /ow/ wow owl	/oa/ snow			
<b>ou</b>	n/a	/ow/ cloud	/oa/ shoulder	/u/ touch	/oo/ soup
<b>ey</b>	n/a	/ee/ donkey	/ai/ grey		
<b>ea</b>	n/a	/ee/ beach	/e/ head	/ai/ break	
<b>ie</b>	n/a	/igh/ pie	/ee/ shield		
<b>o-e</b>	n/a	/oa/ nose	/u/ love		
<b>al</b>	n/a	/l/ petal	/or/ chalk	/ar/ half	
<b>y</b>	yo-yo	/ee/ baby	/igh/ fly	/i/ crystal	
<b>g</b>	goat	/j/ gem			
<b>c</b>	cat	/s/ ice			
<b>or</b>	horn /or/ born with a horn	/ur/ world			
<b>ear</b>	hear /ear/ get near to hear	/air/ bear	/ur/ search		
<b>ere</b>	n/a	/air/ there	/ear/ sphere		
<b>ch</b>	cherry /ch/ chew the cherries children	/c/ school	/sh/ chef		
<b>se</b>	n/a	/s/ mouse	/z/ cheese		
<b>si</b>	n/a	/zh/ television	/sh/ mansion		